

HORIZON

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- *It is not today natural for us to be well; the corrective is in a formula exceedingly simple in itself but difficult to apply*

The Return To Normal Health

ALMOST every person has an occasional call to decide important matters in the health of others, and most of us are constantly in the presence of our own health considerations. Health problems are rare to some; to others they are common; but to all mankind the general problem of being well and keeping well is a vast and significant one.

Most of us are more or less disillusioned over the inadequacy of methods used in treating the sick. I say this not in condemnation, but rather with the hope of subjecting the situation to constructive criticism. Surely we all realize that medical science has failed to achieve a degree of omnipotence and omniscience consistent with its attitudes and pretensions. It is in the recognition that ever unfolding knowledge demands an ever open mind, that we must decide that any tradition which prevents or limits the greatest good to the greatest number is to be regarded as obsolete and inadequate.

Vast numbers of persons have experimented with treatment by natural means to correct the ailments which afflict them. They are mostly individuals who want to know why we are sick, who want to know what is the lesson we should learn from sickness, and who

want to know how to correct sickness in themselves and assist others in the correction of sickness. These are matters not to be dealt with in a few words; beneath the subject must be a foundation on which to erect an understanding. Important to this understanding is some knowledge of the history of metaphysical healing.

Metaphysical healing had its origin in the priestcraft of the ancient world when there was no division between religion and science, when all sciences had a spiritual aspect and all religions had a scientific aspect. The priest-physicians of the ancient world performed cures by various means, independent of the use of drugs. The shamans and witch doctors of primitive people to this day preserve the ancient methods of healing. Health among the American Indians was achieved through chanting, through dancing, through efforts to drive out Evil Spirits, and through an elaborate abracadabra of magic. These methods, still practiced, reveal the approximate position of health in the tenth and twelfth millenium before Christ. The methods of therapy we have today are but various opinions classified under distinct headings, in evidence of gradually increasing knowledge, the evolution out-